

Smackover Jr. High School

CHEER TRYOUT PACKET

2021-2022



DUE: Wednesday, Feb. 10th by 3:30 p.m.

Place a recent photo of yourself here (any size)

Name: _____ Grade: _____

Dear Parent/Guardian,

Attached you will find the forms that must be filled out by February 10th, 2021. Also, be advised that your student must have a current physical (current if dated between 2/19/2020 - 2/19/2021.) Physical forms can be found on the school website.

No one will be allowed to practice without the signed returned forms and a current physical. **No one** is signed up to try out until the **forms are turned in. ALL FORMS ARE DUE BY WEDNESDAY, FEBRUARY 10th by 3:30...NO EXCEPTIONS!!!**

ALL practices are closed.

A camp deposit of \$200.00 will be due on March 2nd for cheer team members.

Fundraisers to help offset the expenses incurred by your cheerleader will be held. Fundraisers are held at the discretion of the coaches. The more your student fundraises- the less money out of your pocket. Balance for camp is due **March 3rd** and camp clothes and supplies by **June 1st**.

Camp dates:

*July 19-22: El Dorado High School

*Cheerleaders will NOT receive clothes, shoes, supplies etc. until items are paid for.

*Competition camp... TBD

*Practices *will be* held prior to these dates and are **mandatory**

COVID STATEMENT: During our practices and tryouts, Covid-19 regulations will be in place.

Things to know about tryouts

JOIN THE GOOGLE CLASSROOM: CODE -- 5qt643I

INTEREST MEETING: Feb. 4th @ lunch (Thursday)

VIRTUAL MEETING (for parents/guardians): Feb. 4th @ 6:30 (Thursday)

<https://meet.google.com/kns-jdwg-erk>

OPEN GYM: Feb. 8th & 9th @ 3:30-5:30

CLINIC: Wednesday Feb. 17th & Thursday Feb. 18th

3:20 pm -- 5:30pm (Mandatory)

TRYOUTS: Friday, Feb. 19th

Meet during 7th period

Completed tryout packets are due no later than 3:30, Wednesday, February 10th

Each day of the clinic, instructors will lead you in warm-ups and conditioning, work on angles and jumps, and teach you a cheer and dance. Skills clinic each day will include stunting and tumbling workshops. All skills worked on in the tryout clinic will be showcased in your individual tryout.

Please wear comfortable and modest clothing to the clinic (shorts with “spinks” and a fitted t-shirt or tank top is preferred and lightweight tennis shoes.

Friends and family members will not be allowed in the building during the clinic or tryouts.

The actual tryout will begin at 3:00 on Friday, February 19th in the Cheer Gym. Please meet in the gym during 7th period. You will also be allowed to warm up your tumbling and stunts before you come into tryouts. Please wear black shorts and a white fitted shirt/ tank and lightweight tennis shoes. Hair needs to be in a slicked ponytail (bow preferred) and out of your eyes. NO bangs or flyaways... hair should be slicked to your head! No jewelry or gum is allowed. No colored nail polish/fake nails. **Masks must be worn.**

Thanks for trying out and we wish the BEST OF LUCK TO YOU!

Madison Brown

Stacy Jerry

Cheer Application

Name: _____ Home Phone: _____

Address: _____ Cell Phone: _____

City: _____ Zip Code: _____ Birth Date: _____

Parent/Guardian names and Phone numbers (Please list two):

Parent Email: _____ Student email: _____

1st Semester GPA: _____ Cumulative GPA: _____ Grade (21-22): 7 8 9

Please list any health problems/ physical limitations or previous injuries (ex. Diabetes, Scoliosis, Hypoglycemia, Asthma, etc.):

Checklist: Please initial each item when completed. Make sure all items are in the correct order.

_____ Application with checklist

_____ Signed parent checklist acknowledging costs/ dates

_____ Insurance waiver filled out and signed

_____ Parental/ Cheerleader agreement signed

_____ Cheerleading Guidelines

_____ A typed or neatly written paragraph outlining reasons for trying out for SJH Cheer and listing your cheer strengths

Please neatly STAPLE all the forms together IN THE ABOVE ORDER

Parent Checklist : Financial Commitment

All prices listed are an **estimate** and may change when actual items are ordered. **Please note that all fee totals are approximate until the 2021-2022 fee schedule is released.** All payments must be made before the start of the school year. **Parents, please initial each item showing your approval and support.**

I agree to the following:

Summer Camp **\$400**

Shoes **\$100**

Jacket/pants **\$100**

Camp Clothes **\$120**

Pom Poms **\$40**

Cheer bag **\$30**

Bloomers **\$20** (two pair)

Bows **\$25**

Total **\$860 (including taxes)**

First payment due **March 3rd, 2021 -- \$200 (camp deposit)**

Second payment due **May 1st, 2021**

Third payment due **June 1st, 2021**

Fourth payment due **July 6th, 2021**

Final payment due **August 3rd, 2021**

I understand that this payment schedule will assure that my student will receive camp clothes, attend camp, and receive his/her full uniform and that NOTHING will be distributed that is not paid for.

I understand that I am responsible for all fees regardless of my child's eligibility. Once something has been ordered/reserved/paid for I am financially obligated to purchase said item(s).

I understand that small miscellaneous expenses come up from time to time. If these are not covered by fundraisers, I will be responsible for the cost of these items as well.

I understand that even one cheerleader missing a practice or performance requires the team to spend extra time in rearranging routines, and will schedule all family vacations and appointments around cheer schedules. I also understand that my son/daughter may be pulled from games & performances because of attendance.

I understand that the selection of the cheer team rests solely with the cheer coaches.

I give permission for my son/daughter to try out for the Smackover Jr. High School Cheerleading Squad and in doing so recognize the obligation of time and expenses involved. I also understand that the selection is final and there will be no changes to the squad once the list is posted. I am willing to SUPPORT this decision even if my son/daughter does not make the 2021-2022 Squad.

Parent signature: _____ Date: _____

Insurance Information and Release

Participant's Full Name: _____ Date of Birth: _____

Address: _____ City: _____ State: _____

I, the undersigned parent or legal guardian of the above-named participant, do hereby give my permission for his/her participation in Cheer tryouts for the 2021-2022 year, as well as participation in the Cheer program for the 2021-2022 year if he/she is selected. I also certify that his/her physical condition is such that he/she may fully participate in the Cheer program without harmful effect.

In granting said permission, I hereby release and agree to hold harmless Smackover Jr. High Cheer, Smackover-Norphlet School District, coaches, and sponsors from any liability arising out of an injury or damage the above-named youth might sustain while engaged in Cheer tryouts, Cheer practices, and Cheer performances during the year.

I understand that Cheer is a dangerous sport. Even as coaches and advisors work to keep each individual safe, accidents do happen. In the event of injury, **I hereby give my permission for a physician, athletic trainer, coach, or school employee to retain emergency medical services including surgical treatment and procedures for my son/daughter. I also grant permission for the supervisor(s) to administer medication as indicated by a physician.**

Parent/Guardian Signature: _____ Date: _____

Parent/Guardian Printed Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Insurance Company Name: _____ Ins. Co. Phone #: _____

Policy #: _____ Group/Plan #: _____

Allergies: _____

Family Physician: _____ Phone: _____

If you do not have medical insurance coverage please read and sign the following: For and in consideration of emergency services and goods rendered by or through the attending physician(s), the undersigned hereby guarantees payment in full immediately upon receipt of the final billing.

Signature of responsible party: _____ Date: _____

Relationship to student: _____

If parent/guardian cannot be reached at the above numbers, please list two alternate emergency contacts.

Name: _____ Phone: _____

Name: _____ Phone: _____

Smackover Cheerleader Guidelines

Cheerleaders at Smackover Jr. High School are athletes. As such, they are subject to the same rules and regulations and general treatment as are members of the interscholastic competitive teams which are part of the athletic program of the high school. Both cheerleaders and their coaches are subject to jurisdiction of the Athletic Department. As athletes, the members of the cheer team must meet the eligibility requirements as outlined by the Arkansas Activities Association for Competitive Athletes.

- Cheerleaders are expected to promote and uphold school spirit, to develop a sense of good sportsmanship and to act as official representatives of Smackover Public Schools.
- Cheerleaders who are members of other athletic teams shall be excused from the line only during their games and any reasonable time (determined by the coach) to prepare for their participation.
- Cheerleaders are to attend games and cheer at the discretion of the cheer coach. This includes yelling the words, performing motions and maintaining a pleasant look on face. Not performing said duties at games can/will result in discipline. Including but not limited to having to sit out.
- It is a privilege to be a Buckaroo Cheerleader, therefore cheerleaders must be committed physically and mentally. They are expected to treat their coach (es), team mates, teachers, and fellow students with respect.
- These guidelines are only intended to serve as such and do not necessarily cover all the rules. Cheer coaches are authorized to enforce these guidelines and other rules.
- All cheerleaders will conduct themselves properly at all times, including social media. Public displays of affection (in uniform), the use of inappropriate language, tobacco products, alcoholic beverages, illegal drugs, any form of illegal activities, undesirable emotions or unsportsmanlike conduct will not be tolerated and will be cause for discipline or even dismissal. Placement in ISS will be cause for discipline or even dismissal. Any action by a cheerleader which reflects negatively toward the student, the team or the school, on or off campus, during school hours or not may be cause for dismissal from said team.
- The cheer coach will determine the practice schedule and other necessary meetings. Practice will be scheduled to avoid conflict with other school activities as much as possible, but **all practices are mandatory** for all cheerleaders. Dress fittings, hair appointments etc. are **not** excused absences.
- Team members are responsible for being ready to begin practice at the stated time. This means appropriately dressed (no **spaghetti strap tops, no cut out t shirts or tight fitting pants**) including shoes, prior to the start of practice.
- Reasonable absences, with prior approval from the coach may be excused. Team members are to contact their coach (not other team members) prior to the absence. Absences without prior

approval will be considered unexcused (unless absent from school). Unexcused absences may lead to suspension or dismissal from the team.

- Team selection will take place in the spring. While teacher input may be taken into consideration, the evaluation and team selection rests solely with the cheer coach (es). Cheer coach (es) is also responsible for competition team selection. Competition team may consist of present junior high team members. Awards won by competition team belong solely to the said members.
- Cheerleaders who are members of the band may voluntarily choose to march during football halftime shows. They will be dismissed from the line when the game clock shows three minutes until the half and will return to the line at the start of the third quarter.
- Transportation to all games will be provided by the school. Upon departure from the game/activity, the cheerleader may be released to parent/guardian only after a release has been signed by said parent/guardian, and with *prior* written approval from the administration. Otherwise, the cheerleader will return to school in the transportation provided by the school.
- Cheerleaders are not to primp, chew gum, eat or check cell phones while on sidelines.
- Teaching cheers is **not** to be done on the sidelines during games. During games cheerleaders are expected to perform all material, say the words and maintain a cheerful disposition while on the sidelines. Not doing so can/will result in disciplinary action including but not limited to being removed from sideline during game for lack of performing duties.
- Cheerleaders shall be responsible for purchasing all necessary accessories and equipment. All fees are to be paid by stated deadlines. Failure to pay fees may lead to sitting out until such fees are paid or could lead to dismissal from the team.
- Cheerleaders are required to attend summer camp and shall be responsible for paying all camp expenses. Only personal illness (doctor's excuse) or extreme family emergency may exempt a cheerleader from attending camp.
- Uniform selection shall be the responsibility of the coach. All uniforms must be turned in to the cheer coach prior to spring cheer tryouts. Proper care of the uniforms is the responsibility of the individual cheerleader- fines may be levied for unkempt, lost or damaged uniforms. Cheerleaders are never authorized to wear uniform except as provided by the cheer coach. (This includes cheer shoes.)
- Cheerleaders (individually) may only wear cheer wind suit jackets or letterman's jackets with their uniforms. Once the cheer team is assembled for pep rallies, pre-games, traveling to games etc. - the cheerleader must be dressed as all other cheerleaders- in uniform.
- Cheerleaders are not to let other students wear any part(s) of their uniform (including t shirts that may or have been used as part of a uniform).
- Cheerleaders are held accountable to all activity on social networking sites. A more detailed internet agreement will be provided to students making the cheer team.

- Cheerleaders are ***not*** to wear jewelry at any time during practices or games. Covering piercings with bandaids is not acceptable. Fingernails must be kept short. Fingernail polish of any kind may not be worn while in uniform.
- Cheerleaders are required to wear their hair up and off shoulders during all practices and when cheering. Hair during games will be worn in a uniform manner. No unrealistic hair color will be allowed on the sidelines and hair should be able to fit into a standard ponytail holder.
- ****Any post, statements, pictures, that can be considered improper, illegal, or a violation of the team guidelines on social media will result in disciplinary actions (up to removal from the team.) This includes all social media accounts, examples being Twitter, Instagram, TikTok, Facebook, or any other social media platform.**

Contact Information

HEAD COACH:

Madison Brown

Email: madison.brown@smacover.net

Phone # will be provided later to those who make the squad

ASSISTANT COACH:

Stacy Jerry

Email: stacy.jerry@smackover.net

I agree to all of the above rules and policies of SJH Cheerleading. I will abide by and support all of the above rules and coaches' decisions pertaining to them.

Student: _____ Date: _____

Parent/Guardian: _____ Date: _____